

# Precautions After Lifting Laser

## — Precautions

1. Temporary redness or swelling may occur after the procedure, but it will naturally disappear over time. This varies depending on the individual.
2. Tingling or itching sensations after the procedure will naturally subside within a month. This varies depending on the individual.
3. Avoid cold treatments such as applying ice packs, get cryotherapy, etc. for 1 week.
4. On the day of the procedure, you can wash your face, apply makeup, and shave as usual.
5. Maintaining adequate hydration and moisturizing the skin are beneficial for skin regeneration.
6. Avoid activities that may irritate the skin, such as sauna, steam baths, exfoliation, and massages, for 1 week.
7. Refrain from consuming alcohol, smoking, excessive exercise, etc. for 1 week.
8. If you experience any discomfort post-procedure, please reach out to us or visit our clinic to consult with the doctor for further guidance.

If you have any questions, please contact our clinic at [02.512.1287](tel:02.512.1287) to schedule an appointment for further assistance.

