Precautions After Potenza

Precautions

1. Following the procedure, redness and swelling caused by the grid marks may occur, with the effects being most noticeable immediately after the procedure. These symptoms generally improve within 3 to 7 days.
2. It is advisable to refrain from washing your face on the day of the procedure. However, if cleansing is necessary, gently pat the treated area with water in the evening or at night.
3. Temporary dead skin cells, scabbing, or minor skin irritation may occur after the procedure. Avoid touching or picking at the area, as these symptoms will naturally improve over time.
4. Maintaining adequate hydration and moisturizing the skin are beneficial for skin regeneration.
5. Please apply sunscreen consistently and thoroughly.
6. Avoid activities that may irritate the skin, such as saunas, steam baths, exfoliation, and massages, for 2 weeks.
7. Refrain from consuming alcohol, smoking, and engaging in excessive exercise for 1 week.
8. If you experience any discomfort after the procedure, please contact us or visit the clinic to consult with the doctor for further guidance.

If you have any questions, please contact our clinic at (02.512.1287) to schedule an appointment for further assistance.