

Precautions After Thread Lifting

— Precautions

1. The threads used in PDO thread lifting are absorbable and are naturally absorbed within approximately 2 weeks. As the threads dissolve, collagen fibers form in the treated area, resulting in a lifting effect.
2. Immediately after the procedure, you may experience temporary tingling or pain, which will gradually subside.
3. If any part of the thread protrudes from the skin due to muscle movement, please visit the hospital for assistance.
4. Please ensure that the medical hydrocolloid patch applied to the treated area remains in place for 3 days. During this period, avoid any contact between the treated area and water.
5. Refrain from vigorous rubbing, acupuncture massage, or any type of massage on the treated area.
6. Bruising and swelling generally subside within 1 to 2 weeks.
7. You may wash your face, apply makeup, and shave starting the day after the procedure.
8. Avoid activities such as saunas, steam baths, and strenuous exercise for 1 week.
9. Refrain from consuming alcohol and smoking for 1 week.
10. If you experience any discomfort after the procedure, please contact us or visit the clinic to consult with the doctor for further guidance.

If you have any questions, please contact our clinic at [02.512.1287](tel:02.512.1287) to schedule an appointment for further assistance.

